

# FITZGERALD SPARTANS

## SPEED / AGILITY CAMP 2008

**THIS CAMP WILL DEVELOP....**

*ENDURANCE*

*LATERAL SPEED*

*VERTICLE SPEED*

*ACCELERATION*

*QUICKNESS*

**All Ages Benefit / Boys and Girls Welcome!**

**Where? Fitzgerald High School (On the Football Field)**

**When? Every Monday, Tuesday and Thursday**

**Time? Session is 6 p.m. – 7 p.m.**

**Cost? \$20**

**Camp Starts the Week of June 16<sup>th</sup> and Ends the Week of July 31<sup>st</sup> !!**

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**CHECKS PAYABLE TO: FITZGERALD FOOTBALL**

Name \_\_\_\_\_ Age \_\_\_\_\_

Grade-Spring 07: \_\_\_\_\_

Address: \_\_\_\_\_

City & Zip: \_\_\_\_\_

Phone: \_\_\_\_\_